

# AVOCADO HALVES

## INGREDIENT STATEMENT / PRODUCT & PROCESS DESCRIPTION

**Ingredients:** Hass avocado

**Antioxidant solution:** Water, salt, citric acid and ascorbic acid.

**Product Description** Avocado is cut in half, IQF treated, packaged in bags with EVOH barrier and nitrogen gas flushed.

**Process Description:** The product is prepared under GMP's, Facility is FDA registered and BRC certified. The avocado is sorted, washed, ripened, disinfected, stem removed, peeled, seed removed, cut in half, immersed in antioxidant solution, quick frozen, packed, passed through a metal detection, and frozen.

PRODUCT CODE	CASE	NET WEIGHT	CASES PER PALLET	PALLET HEIGHT	PALLET NET WEIGHT	PALLET GROSS WEIGHT
1907105	10/500 g	5 Kg	96	183cm	480 Kg	590 Kg
1908065	6/1 Kg	6 Kg	105	200.5cm	630 Kg	710 Kg
1911085	1/8 Kg	8 Kg	72	180cm	576 Kg	640 Kg



500 g



1 Kg



8 Kg

Serving size 100g

### Microbiological & Physical-Chemical Requirements

APC	≤10,000 CFU/g	pH (antioxidant solution)	2-3
Yeast & Molds	≤500 CFU/g	Oil Content %	≥ 9
Total Coliforms	≤ 700 CFU/g	Chunks % (mixer)	NA
E. Coli	<10 CFU/g	Salt %	NA
S. aureus	<10 CFU/g	Oxidation time	≥ 2 hr
Salmonella	Absent / 25g		
L. Monocytogenes	Absent / 25g		

### Shelf Life

Shelf life	18 months frozen at -18°C or below 8 days unopened bag at 0 – 4°C
Storage conditions	Keep Frozen at -18°C or below
Handling Instructions	Defrost this product under refrigeration (0 – 4°C).

Calorias (Kcal)	160
KJ	669
<b>Total Fat (g)</b>	16
<b>Saturated Fat (g)</b>	2
<b>Trans Fat (g)</b>	0
<b>Cholesterol (mg)</b>	0
<b>Sodium (mg)</b>	3
<b>Total Carbohydrate (g)</b>	9
Dietary Fiber (g)	7
Total Sugars (g)	1
Includes (g) Added Sugars	0
<b>Protein (g)</b>	2
Vitamin D (mcg)	0
Calcium (mg)	12
Iron (mg)	1
Potassium (mg)	485



**IQF Treatment**  
Individually Quick-Frozen

<http://aguacate.com.mx/>